

L.I.F.E. Group Leaders Notes

Week 3: October 25th

Pt 5 - **God's Healing Grace**

"How God heals the broken hearted"

...Theme

Nobody sails through life problem free. We all have problems. We all have hurts. One of the deepest causes of those hurts is rejection. We all face rejection at different times in life. You may have some emotional scars that nobody else sees but they're there and they hurt but God sees them and wants to heal them.

God's heals the broken hearted.

Psalm 147:1-3

God can heal the broken hearted and take away hidden wounds by changing the way we think.

By changing how we see God, how we see our pain, and particularly how we see ourselves.

Romans 12:1-2

The way we think determines the way that we act.

Proverbs 27:3

... Five things that God says about us that are true because of His grace.

i. We are accepted by God.

Jesus tells us that this issue is settled when we accept His grace.

Romans 15:7

Psalm 27:7-11

God receives us! God is gracious!

Discuss: The idea that we are loved and accepted by God is one of the concepts people find very hard to grasp – share and discuss

ii. We are valuable to God.

For us to belong to God, what was He prepared to pay?

1 Corinthians 7:21-23

The greatest ransom ever paid was when Jesus paid for our sins and we were bought with a price and God exchanged His own son for us.

John 3:16-17

Question: God gave so much, His son for us – knowing this, what are we prepared to give to show His love to others?

iii. We are lovable.

When we've been rejected we don't feel too lovable. *"Nobody loves me! I'm not worth anything"*! This is not true. God always loves us.

Isaiah 54:10 and ***Ephesians 1:3-6***

There are two characteristics that make God's love different from human love.

1. God's love is consistent.

God says, *"My love is never going to end for you."* God's love never ends.

2. God's love is unconditional.

God's love is not based upon our performance.

Question: Do we make the mistake of thinking God will love us more if we do all the right things?

iv. We are forgivable.

God doesn't carry grudges!

Isaiah 43:25 and ***Colossians 1:13-14***

When we give our lives to Christ, He forgives our sin because Jesus paid for all our sins on the cross.

The good news is, when I receive Christ into my life, all my sins are wiped out - including the ones for the rest of my life. And that's because of His grace.

v. We are capable.

God says with Christ in our life we are CAPABLE!

Philippians 4:10-13

God says, in Christ, We are acceptable, we are valuable, we are lovable, we are forgivable and we are capable

Discuss: The Christian walk will still be a challenge, but what encouragement can we take from these 5 truths about God's grace?