



**Raising Kids
without Raising
the Blood
Pressure**

*Parenting with
Confidence*

There is only one parent who has ever been perfect. That's our Heavenly Father.

Matthew 5:48

Be perfect as your Heavenly Father is perfect.

The secret to Christian parenting is to treat our kids the way God treats us.



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We must understand our children.

Psalm 103:13-14

As a father has compassion on his children, so the Lord has compassion on those who fear Him. For He knows how we are formed.



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Proverbs 24:3

*Homes are built on the foundation of
wisdom and understanding.*

Every child has a unique bent, personality
and temperament.

Every child is different!



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Proverbs 22:6

*Train a child in the way he should go and
when he is old he will not turn from it.*

This verse is not a promise, it's a proverb.



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What does this verse mean?

The word "**way**" means a style, temperament, personality.

Each child is naturally fitted to go a certain direction.



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What is the proof of a parent who understands their children?

Proverbs 14:29

A man of understanding has patience.

When we're patient with our children, we know where they're coming from.



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We must accept our children.

Some parents have a tendency to reject their kids.

Psalms 145:8

*The Lord is gracious and compassionate;
slow to anger and rich in love.*



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We didn't choose our kids. God used your genes and created them for us!

Romans 15:7

Accept one another just as Christ has accepted you.



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We need to accept our children as a gift of God and not try to make them like ourselves.

We need to affirm their uniqueness.



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We must discipline our children.

Hebrews 12:6

The Lord disciplines those whom He loves.

The Bible says if we do not discipline our kids then two things are true:



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1. It proves that we really don't love our kids.

Proverbs 13:24

If you refuse to discipline your son it proves you don't love him.



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2. It shows that we're participating in their destruction.

Proverbs 19:18

Discipline your children while they are young enough to learn. If you don't you're helping them destroy themselves.



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It's important we understand the difference between discipline and punishment.

God never punishes His children.
He disciplines them.



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All the punishment for our sins was taken by Jesus upon Himself when He died on the cross. Jesus became our scapegoat.

Romans 8:1

There is now no condemnation for those who are in Christ Jesus.



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What is the difference between punishment and discipline?

- The purpose of **Punishment** is to **inflict penalty**.
- The purpose of **Discipline** is to **promote growth**.
- The attitude of the parent in punishment is **anger**.
- The motivation behind discipline is **love**.



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What's the result?

- The result of punishment is always fear, guilt and anger.
- The result of discipline is security.



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How can you know when you're punishing
and how can you know when you're
disciplining?

Look at the child's reaction.
Ask yourself, *"Is my child afraid
of me right now?"*



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1 John 4:18

There is no fear in love. But perfect love drives out all fear, because fear has to do with punishment.

Psalms 145:8

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How do we discipline?

There are three characteristics to Godly discipline.

1. Discipline calmly.

Proverbs 29:11

A fool gives full vent to his anger.



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How do we discipline?

2. Discipline **quickly**.

3. Discipline **cautiously**.

Colossians 3:21

Fathers, don't scold your children so much that they become discouraged and quit trying.

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We must express our love to our children.

There are at least 3 ways we can express our love to our children.

1. Through affection.

Psalm 145:9

The Lord has compassion on all He's made.



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2. Through affirmation.

Psalm 145:14

The Lord upholds and uplifts those who are down.

3. Through attention.

Psalm 145:18

*Our Heavenly Father is near to us
when we call on Him.*



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Take home point.....

We need to love our kids through affection, through affirmation and through attention.



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