

Part 7 - Sex in the City

“How to Affair-Proof your Marriage”

... Theme

- **God totally endorses marital faithfulness.**

Exodus 20:14 (niv) *You shall not commit adultery.*

Hebrews 13:4 (nlt) *Give honour to marriage, and remain faithful to one another in marriage. God will surely judge people who are immoral and those who commit adultery.*

- **How to affair-proof your marriage.**

1. We need to make an irrevocable commitment to God’s standards.

Psalms 119:9 (nlt) *How can a young person stay pure? By obeying Your Word.*

God’s standards have never changed. We need to make an irrevocable commitment to God’s standard.

Illustration: Of Joseph, found in **Exodus 39**.

2. We need to identify the consequences.

Proverbs 6:32 (nlt) *But the man who commits adultery is an utter fool, for he destroys himself.*

We have to realise there will be consequences. Think of the hurt that it will cause our spouse, our children – what about Jesus? **It just isn’t worth it!**

3. We need to maintain our marriage.

1 Corinthians 7:3 (nlt) *The husband should fulfill his wife’s sexual needs, and the wife should fulfil her husband’s needs.*

The better your marriage is maintained, the less the grass is greener on the other side!

1 Peter 3:7 (nlt) *In the same way, you husbands must give honor to your wives. Treat your wife with understanding as you live together. She may be weaker than you are, but she is your equal partner in God’s gift of new life. Treat her as you should so your prayers will not be hindered.*

As husbands and wives we need to learn how to **meet each other’s primary needs**.

4. We need to manage our minds.

People don’t just fall into immorality. There’s always a series of events that precede this kind of fall.

James 1:14-15 (nlt) *Temptation comes from our own desires, which entice us and drag us away. These desires give birth to sinful actions. And when sin is allowed to grow, it gives birth to death.*

The area of the mind is the battleground for any temptations you’re struggling with.

See **2 Corinthians 10:5**.

We have to be responsible before God to guard our own thoughts.

5. We need to minimise the opportunities.

Don’t say “*it can’t happen to me*”. We’ve got to put safe guards around about life to avoid opportunities to fall.

...Take home point

Recognise and keep clear of the situations that stimulate or tempt you.